



At home communication tips

1

WELL-BEING
ROUTINES

SLEEP
MOVEMENT
MEALS
MINDFULNESS
FRIENDS

GAMES
TURN
TAKING
OBJECTS &
CUES

STRUCTURED
COMMUNICATIVE
INTERACTIONS

2

3

CALM
TRANSITIONS

VISUAL
SCHEDULES
MUSIC
ANNOUNCEMENT

TIMER
REWARD
OBSERVE

CORE
PRACTICES

4

5

CHECK-IN

EMOTIONS
GRATITUDES
WISHES